Pycnanthemum virginianum ●
common mountain mint

FOR GENERAL GROWING NOTES SEE "GENERAL GROWING PROTOCOLS" CARD

PLANT CHARACTERISTICS: white blooms. H= 2-3’ Spread 1-1.5’

DESIRED SITE LOCATION & SPACING:
- full sun
- medium soil
- drought tolerance = medium
- 10” between plants and rows
  (recommended spacing (18-24”)

ECOLOGICAL BENEFITS:
- Wildlife: special value to honey bees and bumblebees
- Conspicuous Flowers: small flowers
- Attracts: butterflies, bees
- Nectar Source: yes
SEED COLLECTION:
- September - October
- harvest only top portion of stem with pods, leaving the remaining stem for overwintering insects
- compact flower heads contain dozens of small seeds
- hang seed heads upside down over a bin lined with paper to catch falling seed
- once dry, gently crush the seed pods to release the seed

SOWING & SEED DEPTH:
- Sow 3 seeds per cell; barely cover with media equal to thickness of the seed

PESTS & DISEASE: none of note

Seed Stratification  | cool and moist, 30 – 60 days
Seed-Sow to Finished Plug | February to mid-May (14 weeks)
Outplanting | late May - June
Flowering Period | August – September